

AN OVERVIEW OF THE PHARMACEUTICAL PROFILE OF RIVAROXABAN

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Manuscript received: January 2024

Abstract

The first approved orally active direct inhibitor of factor Xa is rivaroxaban (RIV). The main topics of this review include the pharmacological profile, physicochemical properties, methods to improve water solubility and pharmaceutical dosage forms developed in various recent studies. New approaches have been designed to increase the low solubility of rivaroxaban. These technologies, which range from conventional dosage forms to drug delivery systems with nanoparticles, can potentially enhance bioavailability and thus therapeutic efficacy. The literature search revealed that several methodologies were applied depending on the aim of the study, since the physicochemical properties of RIV allow its incorporation into different pharmaceutical systems.

Rezumat

Primul inhibitor direct al factorului Xa, activ oral, aprobat, este rivaroxabanul (RIV). Principalele subiecte ale prezentului studiu includ profilul farmacologic, proprietățile fizico-chimice, metodele de îmbunătățire a solubilității în apă și formele farmaceutice de dozare dezvoltate în diferite studii recente. Au fost concepute noi abordări pentru a crește solubilitatea scăzută a rivaroxabanului. Aceste tehnologii, care variază de la forme de dozare convenționale la sisteme de administrare a medicamentelor cu nanoparticule, pot îmbunătăți biodisponibilitatea și, prin urmare, eficacitatea terapeutică. Cercetările literaturii de specialitate au relevat că au fost aplicate mai multe metodologii în funcție de scopul studiului, întrucât proprietățile fizico-chimice ale RIV permit încorporarea acestuia în diferite sisteme farmaceutice.

Keywords: rivaroxaban, oral anticoagulants, pharmacological profile, low solubility

Introduction

Venous thromboembolism (VTE) is a serious condition that poses a significant public health problem due to the considerable morbidity and mortality associated with it [21]. Blood clots in the veins are referred to as VTE. Every year, almost 10 million people worldwide suffer from venous thromboembolism, a chronic disease that includes both pulmonary embolism (PE) and deep vein thrombosis (DVT). Venous stasis or reduced blood flow in the vessels causes VTE, which in turn causes fibrin and platelet aggregation and thrombosis [22, 69]. Once DVT occurs, it is likely to cause PE and be fatal [75]. Venous and arterial thromboembolic diseases are prevented and treated with anticoagulants. The basic treatment is known to consist initially of parenteral administration of anticoagulants, followed by long-term oral administration of vitamin K antagonists [4, 29]. At the beginning of the 20th century, unfractionated heparin and warfarin - the first anticoagulant drugs for the prevention of VTE - were discovered by chance

[48, 72]. These drugs were improved in the following years to prevent or cure VTE even more effectively. Coagulation factor IIa (thrombin) and coagulation factor Xa (FXa), two enzymes essential for blood clotting, are the targets of a new class of anticoagulant drugs that have recently been developed [28, 31].

For nearly all patients with VTE, direct oral anticoagulants (DOACs) constitute the first line of treatment, but low molecular weight heparins are still commonly used [77]. For individuals with VTE caused by a significant transient risk factor, anticoagulation may be discontinued after the first three to six months of treatment. Indefinite anticoagulant medication is recommended for patients in whom the long-term risk of recurrent venous thromboembolism is higher than the long-term risk of significant bleeding, such as those with spontaneous venous thromboembolism or with active malignant disease. For patients having major orthopaedic or cancer surgery, pharmacological prevention of VTE is usually required [39].

In the last 20 years, the activated serine protease factor Xa has become the focus of research into new

anticoagulant medications and has garnered a lot of attention.

Nevertheless, several studies with novel oral anticoagulants have shown that factor Xa inhibitors are effective in VTE by reducing thrombin production, which in turn reduces thrombin-mediated platelet activation and coagulation without affecting the activity of pre-existing thrombin. [34, 58].

Rivaroxaban (RIV) is the first direct, non-cofactor-dependent inhibitor of specific factor Xa to be approved as a drug for humans [37].

Rivaroxaban was patented by Bayer HealthCare in 2007 and is the first synthetic oral anticoagulant that selectively binds to the active site of factor Xa and reversibly inhibits it [54]. It was approved in 2008

by the European Commission and Health Canada, under its original name Xarelto®, for clinical use in the prevention of VTE, DVT and PE following elective hip or knee replacement. It was first approved by the FDA in 2011, so it was not available as a generic until 2024 [65]. Due to its effectiveness and popularity, it is included in the World Health Organization's list of essential medicines [73].

Subsequently, more oral direct factor Xa inhibitors were synthesized and are now used as human medicines. The direct factor Xa inhibitors (xabans) currently approved by European Medicines Agency (EMA) and U.S. Food and Drug Administration (FDA) are listed in Table I.

Table I

Direct factor Xa inhibitors (xabans) with marketing authorization [32, 33]

<i>Active</i>	<i>Original product/ manufacturer</i>	<i>Pharmaceutical form</i>	<i>Dosages</i>	<i>Approved by - year of approval</i>
Rivaroxaban	Xarelto®/Bayer HealthCare, Germany	Film-coated tablets	2,5 mg 10 mg 15 mg 20 mg	EMA - 2008 FDA - 2011
		Granules for oral suspension	1mg/ml when reconstituted	
Apixaban	Eliquis®/Bristol-Myers Squibb, USA	Film-coated tablets	2.5 mg 5 mg	EMA - 2011 FDA - 2012
		Granules in capsule for opening	0.15 mg	
		Coated granules	0.5 mg 1.5 mg 2 mg	
Edoxaban	Lixiana®/Daiichi Sankyo Company, Limited, Japan	Film-coated tablets	15 mg 30 mg 60 mg	EMA - 2015
	Roteas®/Daiichi Sankyo Europe GmbH, Germany			EMA - 2017
	SAVAYSA®/Daiichi Sankyo Europe GmbH, Germany			FDA - 2015
Betrixaban	Bevyxxa®/Portola Pharmaceuticals, USA	Capsules	40 mg 80 mg	FDA - 2017
	Dexxience®/Portola Pharmaceuticals, USA			EMA - refusal of marketing authorization 2018

Over time, other xabans were developed but did not reach the market, such as darexaban from Astellas Pharma Inc., Japan [25], otamixaban from Sanofi S.A., France [6], letaxaban from Takeda Pharmaceutical Company Limited, Japan [12] and eribaxaban from Pfizer Inc., the USA [15]. In 2021, the EMA approved the first generic for rivaroxaban.

Studies have shown that all factor Xa inhibitors have similar rates of stroke or systemic embolism, but rivaroxaban has a higher risk of major bleeding than the others [34].

Pharmacological profile of rivaroxaban

Factor Xa is a key enzyme in the blood clotting process and plays a central role in both the intrinsic and extrinsic pathways that lead to the formation of

blood clots. This factor helps in the conversion of prothrombin to thrombin, a critical step that enables the formation of fibrin so that blood clots are stabilized. Rivaroxaban is an oral direct anticoagulant (DOACs) [55]. In addition, rivaroxaban is an oral, direct, reversible, competitive, rapid and dose-dependent inhibitor of FXa [27]. Given its mechanism of action, rivaroxaban therefore causes inhibition of thrombin generation and prolongation of prothrombin time [30]. Due to its predictable pharmacokinetics and pharmacodynamics, the pharmacological effect of rivaroxaban is closely related to plasma concentrations in healthy volunteers [59], whereby rivaroxaban is an effective, well-tolerated [41], safe and specific inhibitor of factor Xa. Table II lists the diseases or conditions for which rivaroxaban is indicated.

Table II
Indications of rivaroxaban

<i>Labeled indications</i>	Prevention of VTE [71]
	Treatment of DVT and PE [26, 66]
	Non-valvular atrial fibrillation (NVAf) [57]
	Acute Coronary Syndrome (ACS) [49]
<i>Off-label indications</i>	Management of left ventricular thrombi [10]
	Prevention of thrombosis in cancer patients [38]
	Atrial fibrillation and stroke prevention [60]
	Extended anticoagulation post-surgery [35]

Rivaroxaban has predictable pharmacokinetics that follow a one-compartment oral model [53]. Factors such as age, renal function, body weight and gender influence its pharmacokinetics, resulting in moderate variability. This suggests that a fixed dosing regimen may be appropriate for many patients.

Rivaroxaban is rapidly absorbed and reaches its maximum plasma concentration approximately 2 - 4 hours after administration [26]. When taken orally, bioavailability is around 80 % [44], but can be influenced by food. It is therefore important that the drug dose is administered consistently and evenly under the same conditions in order to achieve an optimal effect and avoid fluctuations that could impair the effectiveness of the treatment.

Oxidative degradation *via* CYP450 and CYP-independent hydrolysis of amide bonds are the two main pathways for the metabolism of rivaroxaban. In addition, rivaroxaban is mainly excreted renally (66%), whereby the proportion of faecal/biliary excretion is significantly lower [8].

When administered concomitantly with medicinal products that inhibit or induce the CYP3A4 isoform or with P-gp inhibitors [45], the active substance levels of rivaroxaban may be altered, which affects its efficacy and safety.

Due to the decrease of renal function of elderly patients, age affects the pharmacokinetics of rivaroxaban, resulting in higher plasma concentrations and increased drug exposure. Furthermore, gender has only a minimal effect on the PK of rivaroxaban [42].

As rivaroxaban is excreted via the kidneys, chronic renal failure may lead to problems that require dose adjustment [13] depending on creatinine clearance. Bleeding complications are the most important and most frequently reported adverse effects [74]. Rivaroxaban is associated with an increased risk of bleeding, which is particularly high in certain population groups such as the elderly, patients with kidney disease, severely overweight or underweight patients or patients with chronic liver disease [7]. The contraindications for rivaroxaban [65] are summarized in Table III.

Table III
Contraindications for rivaroxaban

<i>Significant</i>	allergy to rivaroxaban
	active an uncontrolled bleeding
<i>Others</i>	antiphospholipid syndrome
	chronic liver disease
	chronic kidney disease (caution for CrCl < 30mL/min)
	valvular disease

Rivaroxaban may present risks during pregnancy. In view of the lack of studies [70], rivaroxaban should only be used by pregnant women after consultation

with their healthcare provider. The identified drug interactions of rivaroxaban are recorded in Table IV.

Table IV
Drug interactions of rivaroxaban

Co-administered drug	Clinical consequences
Inducers of CYP450 and P-gp [47]	ineffectiveness
Inhibitors of CYP450 and P-gp [47]	increase bleeding risk
Antiarrhythmic drugs (dronedarone) [20]	increase bleeding risk
Antiplatelet and antithrombotic drugs [20]	increase bleeding time
Nonsteroidal anti-inflammatory drugs (NSAID's) [20]	Increase bleeding time

The anticoagulant effect of rivaroxaban is reversed by 4-factor prothrombin complex concentrate (4F-PCC) [23] and Andexanet alfa [52]. However, studies have shown that the use of Andexanet alfa is more effective than 4F-PCC and reduces in-hospital mortality by up to 50 % [12].

Physicochemical properties of rivaroxaban

Rivaroxaban is 5-chloro-N-[[[(5S)-2-oxo-3-[4-(3-oxo-morpholin-4-yl)phenyl]-1,3-oxazolidin-5-yl)methyl]thiophene-2-carboxamide. Its chemical formula is C₁₉H₁₈ClN₃O₅S and it has a molecular weight of

435.9. Rivaroxaban is a white or yellowish powder [61]. It is included in class II by the Biopharmaceutics Classification System (BCS), meaning its dissolution is

the rate-limiting step for absorption [43]. Its solubility in various solvents is presented in Table V.

Table V
The solubility of rivaroxaban

Solvent	Solubility
Water [61]	practically insoluble
aqueous media with pH 1 - 9 [18]	practically insoluble
dimethyl sulfoxide [61]	freely soluble
anhydrous ethanol [61]	practically insoluble
Heptane [61]	practically insoluble
Acetone [61]	slightly soluble
polyethylene glycol [18]	slightly soluble

Also, the partition coefficient in octanol/water ($\log P_{O/W}$) is 1.5 [18]. Tests show that rivaroxaban crystallizes in three polymorphs, polymorph I being the thermodynamically stable one [18].

Identification methods [61] include IR spectrophotometry and enantiomeric purity, a test performed by liquid chromatography.

Methods for improving aqueous solubility of rivaroxaban

Rivaroxaban has been formulated in several ways to optimize its water solubility, in particular to increase bioavailability while maintaining a consistent efficacy and safety profile.

Functional groups like carbonyl and aromatic rings give rivaroxaban, a hydrophobic substance with limited aqueous solubility, its hydrophobicity and its tendency to interact with other molecules.

The hydrophobic effect induces the encapsulation of rivaroxaban in various systems, as the hydrophobic molecules attach to other hydrophobic surfaces to reduce their exposure to the surrounding aqueous environment.

Rivaroxaban is a neutral, nonionizable compound that is soluble at various pH values. Its mole fraction solubility in water was estimated by experimental observations at 298.15 K to be about 2.89×10^{-7} [40], and solubility studies in distilled water gave a comparable value of 3.02×10^{-7} [36].

Several approaches have been developed to improve the absorption and stability of the drug and minimize side effects, including the use of microspheres, liposomes, self-nanoemulsifying drug delivery systems (SNEDDS), solid lipid nanoparticles (SLN), cocrystals, sustained release and solid dispersion [5].

In addition, other studies have shown that the incorporation of rivaroxaban-hydroxypropyl- β -cyclodextrin inclusion complexes into solid dosage forms helps to overcome the drug's solubility limitations and improve its bioavailability [56].

On the other hand, pulmonary delivery could be an alternative to achieve an immediate effect, and research [24] shows that spray drying enables the

formulation of rivaroxaban particles suitable for this administration method.

Inclusion complexes with cyclodextrins

Kang JH *et al.* [36] achieved high water solubility of RIV by forming its complex with hydroxypropyl-beta-cyclodextrin and HPMC 2208, resulting in a 100% dissolution rate independent of pH and implicitly of the meal.

Meantime, Khan WH *et al.* [40] demonstrated that ternary inclusion systems formed by RIV with β -cyclodextrin and different hydrophilic polymers were superior to the binary combinations (RIV with β -cyclodextrin) in terms of enhancing the hydrophobic drug's solubility and dissolution.

In a recent study developed by our team, RIV was incorporated in an inclusion complex with hydroxypropyl-beta-cyclodextrin, at a minimal molar ratio of 1:1 in order to enhance the solubility and dissolution of RIV and avoid the use of surfactants such as sodium lauryl sulphate in the dosage formulation. The novelty of the study lies in utilizing liquid-state inclusion complexes in solid oral dosage forms, by spraying their dispersion onto the surface of cellulose pellets. The results proved that the contact area between RIV and gastrointestinal fluids is significantly increased, leading to improved release performance [56].

Development of eutectic mixtures

Studies have shown that the inclusion of rivaroxaban in a eutectic mixture could have advantages in terms of its bioavailability and thermal stability. For example, Shaligram PS *et al.* [63] investigated the eutectic mixture of rivaroxaban and mandelic acid (MA) and demonstrated a threefold drug release of the mixture compared to RIV alone. The amorphous solid dispersions were produced with a polymer matrix of hydrophilic polymers, in particular Kollidon® VA 64 and the plasticizer Kolliphor® P 188. In the hot melt extrusion method, the use of the eutectic RIV-MA (1:4) with a significantly lower melting point enhanced the solubility, dissolution rate and thermal stability.

Nanotechnology-based formulation

Whether it is the reduction of particle size, which increases the dissolution surface area, or the formation of nanoemulsions, these methods have been shown to be effective in improving the pharmacokinetic profile of RIV.

Mehnert W and Mäder K [50] stated that solid lipid nanoparticles (SLN) have the advantage that they consist of physiological components, are easy to produce, increase the bioavailability and stability of drugs and also offer many formulation possibilities. Luo X *et al.* [46] included RIV in SLNs to improve its biopharmaceutical behavior and found that the SLNs can carry the RIV with increased therapeutic efficacy and without toxicity.

A recent study by Singh B *et al.* [64] has shown that self-emulsifying drug delivery systems (SEDDS) have overcome many of the problems caused by the reduced water solubility of drugs.

In addition, Xue X *et al.* [76] showed that the SEDDS formulation for RIV is an alternative to improve its bioavailability. The authors selected isopropyl myristate as the oily phase, Tween 80 as surfactant and 1,2-propanediol as co-surfactant. The initial composition of the SNEDDS formulation was optimized using the pseudo ternary phase diagram. The central composite design of the response surface methodology was used to select the optimal rivaroxaban SNEDDS formulation. According to the study's findings, the SNEDDS formulation can improve oral bioavailability and reduce the impact of food in the fasting state.

Co-crystallization

Co-crystals are multi-component systems that can lead to an improvement in physicochemical properties that are clinically significant [16]. For example, RIV co-crystals have been studied by Meng Y *et al.* [51] and they have shown that this type of formulation is suitable for increased absorbability and bioavailability. Five cocrystals were employed as cofomers: succinic acid (SA), nicotinamide (NA), isonicotinamide (IA), p-hydroxybenzoic acid (HBA), and 2,4-dihydroxybenzoic acid (DBA). The solubility, dissolution (under sink conditions), and intrinsic dissolution rates of RIV-DBA and RIV-HBA cocrystals were clearly superior to those of RIV. Furthermore, in comparison to RIV, the *in vitro* permeability levels of RIV-DBA and RIV-IA cocrystals in a Caco-2 cell model were noticeably higher. Also, the bioavailability of RIV-DBA and RIV-HBA cocrystals was higher than that of RIV, according to pharmacokinetic experiments conducted on beagle dogs.

Liposomes

Considering their advantages in terms of improving drug's physicochemical properties, liposomes are one of the most commonly used drug carriers [3], which is also being investigated for RIV formulations. Liposomes have a variety of properties due to their

lipidic composition, including stiffness, size, release rate, and surface charge [68].

Elsayad MK *et al.* [14] demonstrated the efficacy of the chitosan coated liposomes prepared in a liquid formulation to improve the oral bioavailability of RIV regardless of nutritional status. Classic liposomes (CLs) and flexible liposomes (FLs) coated with chitosan (CS) were prepared. Compared to a RIV suspension, the formulation containing PL S100/Tween 80 (85/15 % w/w) and CS solution at a concentration of 0.2 % w/v increased the bioavailability of RIV in the fed and fasting states by 59.66 % and 26.97 %, respectively.

Rivaroxaban pharmaceutical dosage forms

According to data provided by the European Medicines Agency, rivaroxaban is available in film-coated tablets. Each tablet contains micronized rivaroxaban in varying doses, more precisely, levels of 2.5 mg, 10 mg, 15 mg and 20 mg. Furthermore, rivaroxaban is available as oral suspension, for paediatric use or people with dysphagia [17].

In order to achieve suitable *in vivo* performance, the choice of excipients is a key aspect. Various research studies have focused on the manufacturing of different pharmaceutical oral dosage forms containing rivaroxaban.

In the original product (Xarelto®), rivaroxaban was incorporated into the cores of immediate-release film-coated tablets using microcrystalline cellulose and lactose monohydrate as fillers, croscarmellose sodium as disintegrant, hypromellose as binder, sodium lauryl sulphate as wetting agent and magnesium stearate as lubricant [17].

Choi MJ *et al.* [9] successfully improved the bioavailability of rivaroxaban by encapsulating it in nanoparticles based on poly(lactic-co-glycolic acid), PLGA.

Formulated as solid dispersions, drugs have improved bioavailability, increased dissolution rate and prolonged absorption [2]. Shah PJ *et al.* demonstrated that the development of a solid dispersions of rivaroxaban by the fusion method using PEG 4000 as a carrier and neusilin as an adsorbent improves oral bioavailability [62]. In this case, rivaroxaban tablets based on its solid dispersions may be an efficient alternative solid dosage form.

Rivaroxaban-loaded microspheres offer significant clinical benefits by improving patient adherence to therapy by reducing the frequency of use [67]. Choi MJ *et al.* again demonstrated that rivaroxaban-loaded microspheres based on poly(vinylpyrrolidone) K30 as a carrier and SLS as a surfactant can improve the bioavailability, dissolution rate and solubility of rivaroxaban [9].

In our previous study, the coated cellets containing rivaroxaban, hydroxypropyl-beta-cyclodextrin and

hydroxypropyl-cellulose, were incorporated into hard gelatin capsules, which showed similar release profiles with a higher dissolution rate within the first 10 minutes compared to Xarelto® film-coated tablets [56].

Oral suspensions are mainly used for pediatric patients or people with swallowing disorders. However, studies by Abouhusein DMN *et al.* [1] have shown that the development of a liquid nano-sized drug delivery system has improved the bioavailability of rivaroxaban so that it can be used for emergencies.

In addition, the EMA has approved Xarelto 1 mg/mL granules for oral suspension containing microcrystalline cellulose as filler, hypromellose as thickener, acacia gum, xanthan gum and carmellose sodium as stabilizers, citric acid as pH adjuster, sodium benzoate as preservative and mannitol and maltodextrin as sweeteners [19].

Conclusions

The therapeutic benefits of rivaroxaban are generally recognised in the scientific community, but its oral bioavailability is limited by its low water solubility. Various studies have been conducted to improve the solubility of rivaroxaban, and they go in two directions. The first strategy aims to make changes to the chemical structure of rivaroxaban, mainly by incorporating it into different complexes. The second approach targets innovative formulations for new delivery systems. In this respect, the development of micro- and nanoparticles holds great potential for the future of rivaroxaban delivery. Extensive pharmaceutical research is still needed and new technologies should be developed to improve the oral bioavailability of rivaroxaban and thus its therapeutic efficacy.

Conflict of interest

The authors declare no conflict of interest.

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